

JENNIFER PAREDES

AEA, SAG-Eligible
Height: 5'6" Weight: 125lbs
Vocal Range: D3-F5



NEW YORK THEATRE

The Straights (World Premiere)

Phoebe

JACK NY | Will Detlefsen

REGIONAL THEATRE (selected credits)

*El Huracán (World Premiere)

Alicia/Dr. Kempler/Val

Yale Repertory Theatre | Laurie Woolery

Much Ado About Nothing

Hero

Denver Center Performing Arts | Chris Coleman

American Mariachi (World Premiere)

Lucha

Denver Center Performing Arts | James Vasquez

Hurricane Diane

Beth

The Old Globe

Twelfth Night

Viola

The Old Globe | James Vasquez

Mother of Exiles (Workshop)

Tata/Claudia

The Old Globe | Jerry Ruiz

The Clean House

Matilde

The New Group, NNPN | Pirronne Yousefzadeh

Native Gardens

Tania

Portland Stage | Cait Robinson

Into the Beautiful North

Vampi

Florida Repertory Theatre | Stephan Novinski

*Manifest Destinities (World Premiere)

Angelica/Luisa

San Diego Repertory Theatre | Sam Woodhouse

Rapture, Blister, Burn

Avery

San Diego Repertory Theatre | Sam Woodhouse

Froggy (Workshop)

Froggy

San Diego Repertory Theatre | Sam Woodhouse

Ballast (World Premiere)

Savannah

La Jolla Playhouse | Matt Morrow

The River Bride

Helena

Diversions Theatre | Matt Morrow

Perfect Arrangement

Norma

Stages Repertory Theatre | Jerry Ruiz

*Lydia

Ceci

Intrepid Theatre Co | Christy Yael-Cox

*Seven Spots on the Sun

Mónica

Ion Theatre | Claudio Raygoza

*Logan Heights

Dalia

InnerMission Productions | Carla Nell
Onstage Playhouse | B. Hernandez, Josefina Lopez

INTERACTIVE THEATRE

Waking La Llorona + Portaleza

Dr. Moctezuma

Old Globe/La Jolla Playhouse | Careena Melia

OjO

Boarding Attendant

David Reynoso
La Jolla Playhouse/Bricolage | Jeffrey Carpenter

FILM (selected credits)

Invisible

Lead

In Your Eyes Films

Her Face

Supporting

Pobrecity Films

South of 8

Supporting

Rosewood 5 Productions

Yesternow

Supporting

Buen Paso Film Collective

Weigh Down

Lead

Sergio Lopez

COMMERICALS

Conflicts available on request.

TRAINING

Larry Moss, Scene Study Master Class

Meisner/Chekhov Intergrated Training Studio – Lisa Berger, Liz Shipman.

University of San Diego – B.A. in Theatre Arts and Performance Studies

*AWARDS

Actor of the Year – San Diego Theatre Critics Circle

Connecticut Critics Circle Nominee - Outstanding Actress in a Featured Role for *El Huracán*

San Diego Theatre Critics Nominee – Best Actress in a Lead Role for *Lydia*

San Diego Theatre Critics Nominee – Best Actress in a Featured Role for *Seven Spots on the Sun*

San Diego ACT Aubrey Awards – Best Lead Actress in Drama for *Logan Heights*

SPECIAL SKILLS & INTERESTS

Languages (Intermediate Spanish), Dialects (Mexican, Spanish, Chicano/East L.A., British RP),

Guitar (9yrs), Piano (7yrs), Ukulele (3yr), Violin (1yr), Voice, Musically fluent— can pick up instruments quickly

Songwriting/Poetry, Yoga/Mindfulness Enthusiast, Has Current Passport and Drivers License

Kazarian/Measures/Ruskin and Associates

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